

Sewing Tutorial



Task

To make Christmas Beanies for premature and sick newborns in the neonatal unit for the Festive season.

Size:

Medium Premature Baby – 8½" circumference, 4½" high

Material:

4ply baby soft wool (yarn)
4mm needles

Pattern abbreviations:

Alt = Alternate(ing), Beg = Begin(ning), Cont = Continue(ity),
Dec = Decrease(ing), K = Knit, K2tog = Knit next 2 stitches together, P = Purl, Rem =
Remain(ing), Rep = Repeat, St(s) = Stitch(es).



Suitable colours:

Christmas colours - Red, green, teal and white. Ideally, the main colour would be red, teal and white and the bottom part of the beanie would be white.

Instructions:

Using contrast colour yarn, cast on 46sts

1st Row: S1, knit to end of row
Repeat this row 5 times more

Cut off contrast colour yarn and join in main colour

5th Row: S1, knit to end of row
6th Row: S1, purl to last st, k1
Repeat the last 2 rows nine times more

Shape Top ~

Next Row: *K3, k2tog, repeat from * to last st, k1 (37sts)

Next Row: S1, purl to last st, k1

Next Row: *K2, k2tog, repeat from * to last st, k1 (28sts)

Next Row: S1, purl to last st, k1

Next Row: *K1, k2tog, repeat from * to last st, k1 (19sts)

Next Row: S1, purl to last st, k1

Next Row: * K2tog, repeat from * to last st, k1 (10sts)

Next Row: S1, purl to last st, k1

Cut the yarn leaving a 'tail'.

With a yarn needle, pull the yarn through all the remaining loops and secure

Sew up side seam and weave in ends.

Please note: while this is a suggested pattern, please feel free to use your own pattern but please use Christmas colours for the beanies.